



CHANGES

— HEALING CENTER —

IS MY LOVED ONE ADDICTED TO COCAINE?

Read the statements and check each applicable box. This quiz is not a diagnostic tool but a snapshot of addiction signs. Call Changes Healing Center at 602.691.7244 to receive professional help.

- ☐ I have observed behavioral changes or unexplained moodiness.
- ☐ My loved one often has a red nose or nosebleeds.
- ☐ I've often noticed dilated pupils or bloodshot eyes.
- ☐ They have stopped paying their bills or have financial troubles.
- ☐ They've dropped their old friends to run with a new crowd.
- ☐ My loved one is struggling at work or school.
- ☐ I've found paraphernalia: razor blades, baggies, powdery residues.
- ☐ My loved one is losing weight or looks gaunt.
- ☐ They are taking some very frightening risks.
- ☐ They're complaining about insomnia or disturbed sleep.
- ☐ I notice frequent unexplained absences or disappearances.
- ☐ I have found them lying about their activities or friends.
- ☐ They appear to have anxiety or are acting paranoid about things.
- ☐ I hear them complain about frequent fatigue or exhaustion.
- ☐ They no longer care about their appearance or hygiene.

DOES YOUR LOVED ONE NEED HELP?

The more checks you have marked off, the likelier that your loved one is struggling with cocaine or another stimulant. Connect with Changes today to get them the help they need to quit using drugs.